

Taiping International Marathon



Rotary Club of Bukit Larut Centennial is embarking on a major project to put TAIPING in the world map for TOURISM with the support of Majlis Perbandaran Taiping and Rotary Club. Our town has many remarkable tourist spots which has not been marketed properly. Our intention to hold a major International Marathon in Taiping. *The Routes will cover some major Tourist spot as part of promoting them. It will start from the Dataran Damai at Lake Gardens through foothills of Bukit Larut, Zoo Taiping, MPT & District Office buildings, Muzium, Penjara, old Kamunting Road via Klian Pauh, Taiping Golf Resort, ISA, Semanggol covering Bukit Merah Laketown Resort, through Simpang to Matang Mangrove, Kota Ngah Ibrahim, Charcoal Kiln, back to Taiping pass Railway Station through Tesco and back to Esplanade padang MPT.*

Apart from the full Marathon we have Half Marathon, Family Fun Run 5km, Junior below 20 yrs old 10km and Senior above 20 yrs. old 10km and Veteran above 55 yrs old.

This event will be an annual event in September as part of our celebration of Taiping Town Council Month.

Taiping is a town with many first in Malaysia and it is gifted with it's diversity in nature that cannot be seen in many places. In is a TOWN themed in nature with many wonders to behold. Your acquaintance with the town will definitely will be a pleasant memory to carry with urge to come back every year.

Thank you for participating.

25 September 2011 • Sunday • 7.00am • Lake Garden, Taiping

Registration and Number Collection: 24 September 2011 - 9.00am - 9.00pm, at MPT Hall



TAIPING

INTERNATIONAL MARATHON

Taiping International Marathon, the inaugural marathon event, is set to light up the Heritage Town of Malaysia, (northern Malaysia, about 45 minutes drive south of Penang) on the 25th of September 2011. This will be an annual event.

OBJECTIVES

1. To commemorate the month of September as the month for the establishment of Taiping Municipal Council.
2. To promote healthy lifestyle by encouraging all to be active.
3. To allow our youths to participate and avoid unhealthy habits.
4. To promote tourism to Taiping.
5. To promote community togetherness

With a population of 300,000 (in 2010), it is the second largest town in Perak after Ipoh, the state capital. Taiping was the state capital from 1876 to 1937, but was then replaced by Ipoh. Its development slowed down after that, but in recent years the town has begun developing rapidly again.

Taiping also receives some limelight for being the wettest town in Peninsular Malaysia. The average annual rainfall is about 4,000mm in Taiping while the peninsular's average is 2,000mm - 2,500mm. Its unusual rainfall has also led to a fertile collection of flora and century-old rain trees in the Taiping Lake Gardens.

The town itself is a natural theme park surrounded by beautiful landscapes and environmental friendly conditions. It will be one of the most refreshing marathon venue that anyone could have dreamt.

Rotary Club Of Bukit Larut Centennial has planned this International Marathon in conjunction with the **International Music Festival** from 16th till 25th September 2011 along with the celebration of **International Day of Peace** on 21st September 2011. The word "**TAIPING**" in Chinese means "**EVERLASTING PEACE**" and what a place to have an international run and also sights to behold.

The event will be supported by the Perak Athletics Association, Majlis Perbandaran Taiping, Taiping Tourist Association.

Due to the booming tin-mining industry in the 19th century and its previous position as capital of Perak, Taiping was a pioneer in many fields, achieving many "firsts" in the country along the way. The list given by the Taiping Municipal Council records a total of 33 firsts in the country. From the earliest in 1844, these firsts are mostly either in monuments or events.



- Open tin mining activity in the peninsular (1844)
- Hill resort - Maxwell Hill (1844) now Bukit Larut
- Swimming pool - Coronation Swimming Pool (1870)
- Mosque - Masjid Tengku Menteri (1870)
- Rest house (1870)
- Artillery warehouse (1870)
- Magistrate's court (1874)
- Balai penghulu (1875)
- Resident's house (1877)
- Port - Port Weld (1877)
- English school - Central School Kamunting (1878)
- Police force (1879)
- Government offices (1879)
- Post and telegraph office (1880)
- Lake gardens - Taiping Lake Gardens (1880)
- Taiping General Hospital, private and government (1880)
- Club - New Club (1880)
- Club - Perak Club
- Railway station and warehouse (1881)
- Museum - Perak Museum (1883)
- Market building - Taiping Markets (1884)
- Prison - Taiping Gaol (1885)
- Railway track - from Port Weld to Taiping (1885)
- Turf club - Perak Turf Club (1886)
- Anglican church - All Saints Church, Taiping (1886)
- English girls' school - Treacher Methodist Girls' School (1889)
- Clock tower - Taiping Clock Tower (1890)
- Esplanade - Esplanade (1890)
- Malay newspaper - Seri Perak (June 1893)
- English newspaper - Perak Pioneer (July 4, 1894)
- Tamil newspaper - Perak Verthamani (1894)
- Armed Forces - Malay States Guides (1896)
- Teaching college - Maktab Perguruan Melayu
- Ceylon association (1899)
- Punjabi association - Khalsa Diwan Malaya Association (1903)
- Indian association (1906)
- Recreation park - Coronation Park (1920s)
- Airfield - Tekah Airport (1930)
- Golf Club (some claimed in Southeast Asia)

Tourism

Places of Interest



Maxwell Hill



Museum Taiping



Taiping Municipal Office



Taiping Railway Station



Taiping Clock Tower



Taiping Lake Garden



- The Taiping Lake Gardens were donated by Chung Keng Quee's son, Chung Thye Phin. Its serene, tranquil and peaceful man-made lakes were former tin mines.
- Bukit Larut (formerly known as Maxwell Hill) is a hill resort. Currently, tourists can reach the top by 4WD vehicles, or by hiking. There are stops at the end of the road with gas available for hikers to cook and eat there.
- Perak State Museum is the first museum in Malaysia.
- Kwan-Tung Hui-Kuan (Cantonese Association), founded in 1887 by Chung Keng Quee and others.
- Taiping Zoo & Night Safari.
- Esplanade - for sports activities.
- Taiping War Cemetery.
- British Resident's Residence (1877).
- Kapitan Chung Keng Quee's Townhouse on Barrack Road. It is now an antique shop.
- Bukit Jana Country Golf Resort, Kamunting.
- Bukit Merah Laketown Resort.
- Burmese Pool. It has a natural water slide.
- Tupai River (Sg Tugoh). Man made swimming pool using river water at the nearby Chinese Tiger Temple.
- Austin Pool. There is a very deep, square granite pool with a waterfall flowing into it.
- Taman Suria streams. Cool streams flowing down from Bukit Larut.
- Buddhist Retreat in Tupai Cemetery. Travelling to this retreat requires semi 4-wheel drive vehicles but the view from retreat is spectacular and peaceful.
- Gurdwara Sahib Taiping (Sikh Temple) - One of the oldest in Malaysia.
- Chinese cemetery at Tupai Hokkien Tiong - Has a huge grave for the Chinese who lost their lives during the Japanese invasion.
- Coronation Swimming Pool. Located at the foothill of Bukit Larut, the pool uses very cold mountain stream water, even on hot days.
- Taiping Public Library has numerous old and new book collections and is located near the Taiping Lake Gardens.
- Taiping Airport holds monthly (sometimes twice a month) parachute jumping programmes organised by Parachuters Club.
- Stadium Sultan Yusuf - An important venue for the Taiping football league.
- Hot water well (Air Panas) - Batu 9 off Jalan Trong (near Changkat Jering)
- Kuala Sepetang Wildlife Sanctuary.
- Kota Ngah Ibrahim - in Matang.
- Ng Boo Bee fountain - Jalan Air Terjun.
- British War Cemetery, near Burmese pool.
- Downtown Walk, Jalan Berek (Tuesday until Sunday / 8:00 pm - 3:00 am)



Public Library Taiping



Taiping War Cemetery



Taiping Coronation Swimming Pool

HOTELS AND ACCOMMODATIONS

• Taiping Resort, Bukit Jana	05-8836700	• Sri Malaysia Hotel	05-8069502
• Flemington Hotel	05-8207777	• Sentosa Villa	05-8051000
• Legend Inn	05-8060000	• New Champagne	05-8065060
• SSL Traders Hotel	05-8080000	• Larut Hill	
• Panorama Hotel	05-8084111	• KamaLodge Chalet	05-8061777
• Meridien Hotel	05-8081133		



Shopping

- Giant Hypermarket
- Tesco Hypermarket



Taiping Lake Gardens, with hills in the background.

Entrance to the Taiping Zoo and Night Safari.

- Taiping Sentral Mall <http://taipingsentral.blogspot.com>
- The Store, Jalan Panggung Wayang
- The Store, Jalan Kota
- The Store, Jalan Kamunting
- Big Seed Supermarket
- Pasaraya Econsave, Kamunting
- Aeon Mall (coming soon)



Cinema

- Big Cinemas Taiping Sentral (7 screens) <http://bigcinemas.com.my>

Bowling Centre

- Winners Bowl Taiping, Paras 6 Plaza Perbandaran, (24 Lanes, 9 or 10 Pins)

Planned New Developments

- Cable Car for Maxwell Hill / Bukit Larut
- West Coast Expressway (Taiping-Banting) http://en.wikipedia.org/wiki/West_Coast_Expressway

Rotary Club of Bukit Larut Centennial

267, Jalan Taming Sari
34000 Taiping,
Perak

Tel: 605-805 2525 Fax: 605-806 6651
H/P: 019-472 9893 Email: medilife25@gmail.com

RACE & PRICE REVISION

25/9/2011. (Q - Qualifying Time)



1. OPEN - FULL MARATHON MALES & FEMALES

(above 18 yrs) - 42.195 km - [Q(M) - 3.5hr (F) - 4.5hr

1 st Prize	-	RM	10000.00	(US3300.00)	+	2day stay at Bukit Merah Resort
2 nd Prize	-	RM	5000.00	(US1650.00)	+	2day stay at Bukit Jana Golf Resort
3 rd Prize	-	RM	3000.00	(US1000.00)	+	1night stay at Bukit Larut Hill Resort
4 th Prize	-	RM	1500.00	(US500.00)	+	1night stay at Flemington Hotel, Taiping
5 th Prize	-	RM	750.00	(US250.00)	+	1 night stay at Panorama Hotel, Taiping.
6 th Prize	-	RM	500.00	(US165.00)		
7 th - 15 th	-					Consolation Prizes

The Malaysian finishes will receive a special prize in the OPEN category:

(Q - (M) 3.5hrs (F) - 4.5hrs)

1 st Malaysian-	RM 5000
2 nd Malaysian-	RM 3000
3 rd Malaysian-	RM 1000
4 th - 10 th	- Consolation prizes

2. HALF MARATHON - MALES & FEMALES - 21km [Q: (M) 1.75hrs; (F) 2.5hrs)

1 st Prize	-	RM	3000.00	+	2 night stay at Bukit Merah Resort
2 nd Prize	-	RM	2000.00	+	1 night stay at Bukit Jana Golf Resort
3 rd Prize	-	RM	1000.00	+	1 night stay at Panorama Hotel, Taiping
4 th Prize	-	RM	500.00		
5 th - 10 th Prize -					Consolation prizes

3. 10 KM ABOVE 20 YRS OLD MALE /FEMALE (Q: (M) 75mins; (F) - 90mins)

1 st Prize	-	RM	1000.00
2 nd Prize	-	RM	500.00
3 rd Prize	-	RM	300.00
4 th - 10 th	-		Consolation prizes

4. JUNIOR - MALES & FEMALES - 10km (< 20yrs) - 10 km [Q: (M)-75min; (F)-90mins)

1 st Prize	-	RM	500.00
2 nd Prize	-	RM	300.00
3 rd Prize	-	RM	100.00
4 th - 10 th	-		Consolation prizes.

5. OPEN FUN RUN FOR MALAYSIANS ONLY (Any age) - 5Km - No qualifying time

1 st Prize	-	RM	500.00
2 nd Prize	-	RM	300.00
3 rd Prize	-	RM	100.00
4 th - 10 th Prize-			Consolation Prizes.

6. VETERAN ABOVE 50 YRS OLD - Male / Female - 10km [Q: (M)90 mins; (F) - 2hrs)

1 st Prize	-	RM	1000.00
2 nd Prize	-	RM	500.00
3 rd Prize	-	RM	300.00
4 th - 10 th Prize -			Consolation prizes

Prizes does not include goodies (worth RM100) by sponsors and T-shirt and certificates and medals for all participants.

All qualifiers within the international rules will be given special certificates and medals.

EVENT SERVICES:

- Water, electrolytes and fruits along running course
- Breakfast and beverages at finishing area
- Medical services along the route and finishing area
- Dinner for all winners and qualifiers (within qualifying time only).